



# “We’re pregnant!”

It’s one of the most exciting times in a couple’s life. And what you both want most is a healthy baby. **Future Moms** (the new Baby Benefits) is a prenatal program designed to help promote a healthy pregnancy and help prevent premature birth.

To the **father-to-be**, please encourage your wife to enroll in this free program as soon as possible. We know you want the best possible prenatal support and information for her.

To the **future mom**, start your pregnancy out right by calling **Future Moms** at **1-800-828-5891**. You’ll be doing something good for the whole family. When you enroll you’ll receive a prenatal care package and you’ll have 24/7 access to registered nurses who care about your pregnancy. The sooner you enroll, the sooner you can tap into all the support this program offers you, your baby, and the future Dad.

**Enroll in Future Moms**  
**1-800-828-5891**



*The Future Moms program is offered to expectant Commonwealth of Virginia and The Local Choice health plan members.*